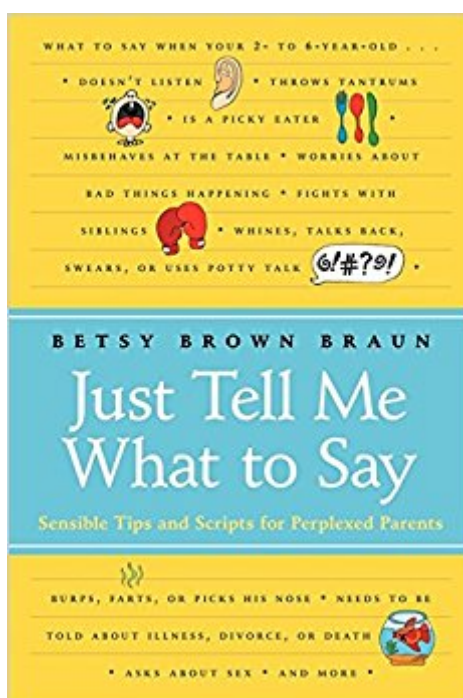


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# Just Tell Me What To Say: Sensible Tips And Scripts For Perplexed Parents



## Synopsis

Parents are often perplexed by their children's typical behaviors and inevitable questions. This down-to-earth guide provides "Tips and Scripts" for handling everything from sibling rivalry and the food wars to questions about death, divorce, sex, and "whyyyy?" Betsy Brown Braun blends humor with her expertise as a child development specialist, popular parent educator, and mother of triplets. Whatever your dilemma or child's question—from "How did the baby get in your tummy?" to "What does 'dead' mean?" to "It's not fair!"—Betsy offers the tools and confidence you need to explain the world to your growing child.

## Book Information

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## Customer Reviews

“Betsy Brown Braun is a master teacher and one of the wisest parenting experts I have ever known.” (—Steven Carr Reuben, Ph.D., author of *Children of Character: Leading Your Children to Ethical Choices in Everyday Life*)  
“Parents of young children will find themselves reaching for this wonderful book by Betsy Brown Braun over and over again!” (—Reveta Bowers, Head of School, The Center for Early Education)  
“Betsy Brown Braun is a fine observer of children....This is a book I will recommend to all my parents.” (—Robert M. Landaw, M.D., Pediatrician and Assistant Clinical Professor of Pediatrics, UCLA)

Betsy Brown Braun is the bestselling author of *Just Tell Me What to Say*, a renowned child development and behavior specialist, popular parent educator, and mother of adult triplets. She is a

frequent speaker at educational and business conferences, has been a guest expert on Today, the Early Show, Good Morning America, and NPR, and has been cited in USA Today, the New York Times, Family Circle, Parents, Parenting, Cookie, and Woman's Day, among other publications. As the founder of Parenting Pathways, Inc., Betsy offers private consulting and parent seminars as well. She and her husband live in Pacific Palisades, California.

I am a stay at home dad with a father who was US Special Forces where I was raised in a "be seen, but not heard" home. Not the best teachers but my parents did there best. Know that I want to raise my child to be respectful, polite and overall good kid with out the "fear of god" or "dad" aspect to raising my son and daughter on the way. Too many parents in my generation, the ones who grew up in the 80's, have raised brats. That is at least in the area we live in. No respect for adults, talking back to teachers and parents is the norm it seems now a days. Well this book is really great on teaching me what and how to teach my child respect, boundaries, empathy and discipline. I am not the reading type of person so for me to pick up a book and read it I need to really like it or feel it is incredibly helpful and in this case the latter. Betsy's other book, "Your not the brat of me" is also a great book. There are many ways to raise children but making it easier for me to learn better ways are what this book is all about. The only way this book could be better if it had an app that, "in the moment" of conversation with your child, you could press a button and get the best answer on how to respond to you child. Before reading this book I can say I've worked very hard getting my child to say, please, thank you and cleaning up his toys etc. It's more a matter of teaching the etiquette and discipline to the parent to make their job raising their child easier. I can say it definitely helps tremendously and simple ways to say things work wonders. Read one of the page previews and you will see for your self. Highly recommended for any parent with babies or toddlers even elementary age can benefit from you the parent learning a better way to raise our kids.

This is such a practical and fun to read book. Sharing it with my son and his wife so we have some guidance and will feel more comfortable when the big questions start. Wish I had had this when my children were small.

So brilliant. The most useful and easy-to-use guide for the thorniest of issues. I especially love that you don't have to read the book in order: as issues arise, you can simply flip to Betsy's advice on the best (and it is the best, trust me) way to deal with it. Buy it for yourself, for friends, you will not regret it.

As a parent educator and author myself, I am very critical of many books for parents. Betsy's book is an exception. It's fun to read, immensely practical, really helpful and best of all, empowers parents to understand how children think and what they need to hear, especially in dealing with tough topics, such as death, sickness, fears, sexuality, siblings etc. The author tackles each of these topics as well as everyday issues with an upbeat, clear and accessible style. I will be recommending it unequivocally to the parents in my talks and workshops. Great job, Betsy! Nancy Samalin, [...]

I would highly recommend this book to any parents that feel like they need some help or new ideas for how to communicate effectively with their young child. Some of the tips in the book made me think, "Duh!", but not because it was something I already knew about kids; the most helpful tips were things that I already KNEW about how to communicate effectively with ADULTS and show respect for ADULTS, but for some reason I just never considered that those same rules would apply to kids. I tried just one or two commonsense ideas one day and the results were amazing!

This book is so complete, I also bought a copy for both my adult children who have toddlers. As a mother, MiMi, and retired principal, I find this to be a very helpful book. It would be helpful to most parents who often cannot see the forest for the trees!

I have really enjoyed this book and it certainly has made me feel more human! I like most of the tips provided - they seem easy enough to follow and aren't too new-agey. I am a little disappointed in the bodily functions chapter as this is the stage we're in with our 4 year old. I didn't find specific enough advice/scripts to try. Sadly I think I'll just have to wait this one out...but the rest of the book has been extremely helpful.

Helpful book for promoting positive relationships between parents and their children. I was hoping I would be able to adapt more of the positive ideas to my toddler classroom. The tips were sensible.

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